

CARE & giving

“Nothing supports our quality of life like great health care—and nothing will improve the quality of life in this community more than supporting John Muir Health.”



“I feel privileged to be here,” says Cal Knight, President and CEO of John Muir Health since April 1, 2011.

BRIEFINGS

Meet Cal Knight JOHN MUIR HEALTH'S NEW PRESIDENT AND CEO

Calvin Knight's initial introduction to John Muir Health in his new role as President and CEO was on his back in the Emergency Department. While this was not the start he envisioned, during his hospital stay, he quickly experienced the quality, teamwork and compassion that embody John Muir Health.

He begins his tenure at John Muir Health at a time of tremendous change, but also opportunity. “There are significant changes coming in health care. We know that,” says Knight, who prefers to be called Cal. “Even if we don't know all the details of those changes, John Muir Health is prepared to meet future challenges, and adapt accordingly, in order to keep our patients' care and safety our top priority.”

Before joining John Muir Health in April, Knight held several top administrative positions at Swedish Health Services in Seattle, most recently as president and chief operating officer. What brought Knight to his new job at John Muir Health are

the same qualities of the health system that have served this community so well: “I was attracted to its culture of excellence,” Knight explains. “It's probably the strongest I have seen in health care.”

Looking ahead, Knight says John Muir Health “is well-positioned to maintain its standing as a world-class health care organization.” But he emphasizes that “because of health care's changing economics and health care reform, we need more community support than ever. We all must work together and help each other.”

INTRODUCING CARE & giving

We've renamed our newsletter to highlight the shared aims of John Muir Health Foundation and its donors.

CHAIR'S MESSAGE



As the new chairman of the John Muir Health board of directors, I want to personally thank all donors to John Muir Health Foundation, especially those who contributed to the outstanding success of the recent \$60 million *Breaking New Ground Right Here* Capital Campaign.

In my role as board chair, certainly I am concerned with the successful operation of a world-class health care organization. But as a wife, mother and Contra Costa County resident, simply having the best possible medical care close to home is what's most important to me and my family.

I am a donor because I believe in how the physicians, nurses, staff and volunteers of John Muir Health treat people. Not just with medical expertise and cutting-edge technology, but with personal attention, compassion and genuine concern.

I hope you will join me in supporting John Muir Health by making your gift to the Foundation today and ensuring the best-quality care for your family and our community.

Catherine Kutsuris

Chair, John Muir Health
Board of Directors

DONOR SPOTLIGHT

Proudly Bearing Her Name

EXCEPTIONAL FACILITIES, EXTRAORDINARY DONATIONS

Recent openings at John Muir Medical Center, Walnut Creek, of the new Theresa M. Caygill Breast Health Center and the new Theresa M. Caygill Emergency Department were landmark occasions for the facilities' 94-year-old namesake. They marked the fruition of longtime philanthropic efforts of Terry and her late husband, ophthalmologist Wayne Caygill, M.D., in support of John Muir Health.

"I'm not sentimental, but I feel I've done the right thing," says Terry, a member of the John Muir Health Women's Philanthropic Circle and an honorary board member of John Muir Health Foundation. "I hope it will have a lasting impact and make a difference."

In 1998, the Caygills expressed their appreciation for the care they received over the years by contributing to John Muir Health Foundation. In 2002, Terry established a special

oncology fund and eight years later, the sum of these gifts, plus interest it accrued, was designated to construction of the Breast Health Center, which opened on May 18, 2011.

"This new facility is state-of-the-art. It consolidates key services all in one place, and that's extremely important to the women it serves," says Terry, who applauds the center's soothing design and personally inspected the project's original renderings and construction site.

Prior to funding the new Breast Health Center, Terry made a \$2.5 million bequest to John Muir Health's capital campaign. The new Emergency Department at Walnut Creek also bears her name to honor that gift.

In explaining her extraordinary generosity, Terry says she's glad to do her part to ensure "that we all can get the best health care that's available and it's great to be able to get it right here."



The new Theresa M. Caygill Breast Health Center opened at John Muir Medical Center, Walnut Creek in May.

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Support Your Local Community Hospital

Invest in the health and wellness of you, your family and our community by making a tax-deductible donation to John Muir Health Foundation today. Your gift will help us meet our patients' greatest needs and also help fund life-saving medical equipment, patient services and special programs. You may designate your gift to *Where the Need Is Greatest*, or to any medical department, including those described below. Your support helps keep John Muir Health at the forefront of top-quality medical care and among the nation's best hospitals.



Where the Need Is Greatest • Unrestricted gifts in support of John Muir Health provide flexible funds that may be applied wherever needs are most urgent at any given time. These funds help John Muir Health maintain and enhance its exceptionally high-quality care, and keep the organization strong as it expands services for our community.



Cardiology • The new John Muir Cardiovascular Institute advances patient care with dedicated cardiac teams, highly efficient cath labs, patient- and family-centered care, best practice protocols and investment in leading-edge clinical technologies. Our hospitals in Walnut Creek and Concord hold the highest level of accreditation from the Society of Chest Pain Centers and are STEMI Receiving Centers for high-risk heart attack patients.

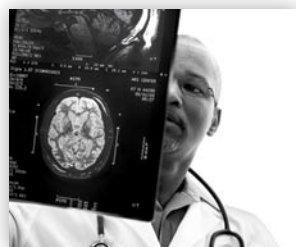
Orthopedics • John Muir Health has the largest non-academic orthopedic program in California, and it is recognized by *U.S. News & World Report* as one of the nation's best. Our physicians and surgeons use state-of-the-art technologies to diagnose conditions ranging from sports injuries and arthritis to trauma. They are widely regarded as innovators in treatment and care.



Oncology • John Muir Health is the premier provider of cancer care in the San Francisco East Bay and is differentiated by its advanced technology, high-quality care and compassionate services. Experienced clinical teams and targeted programs can address cancer wherever it strikes in the body. Efforts are focused on every aspect of care: prevention, diagnosis, treatment, rehabilitation and survivorship.



Rehabilitation Services • Rehabilitation services are an integral part of John Muir Health, offering the comprehensive and collaborative care that's only possible in an advanced acute care system. The inpatient acute rehabilitation unit serves a population of patients ranging in age from 14 to 100 years. Patients receive individualized treatment and have instant access to a wide array of specialists, services and resources.



Neurosciences • John Muir Health's Neurosciences Institute (NSI) is a leader in the diagnosis and treatment of brain and spine disorders. The Institute's multidisciplinary approach serves the medical, surgical and rehabilitation needs of patients and provides a neurological continuum of care for those who have had brain injury, stroke, brain/spine tumors, chronic back disorders and dementia.

ON THE JOB

She Gives Where Her Heart Is

MARY KLOTZBACH, R.N., B.S.N.,
IS COMMITTED TO JOHN MUIR
HEALTH, THROUGH SICKNESS
AND IN HEALTH



Mary Klotzbach, R.N., B.S.N., was one of 1,685 John Muir Health employees who raised more than \$2.25 million for the Foundation's *Breaking New Ground Right Here* Capital Campaign.

The threads of case manager Mary Klotzbach's life have been deeply intertwined with John Muir Medical Center, Walnut Creek, where she's worked for 22 years, where she found solace when her oldest son was killed in a tragic car crash, and where a second son's life was miraculously spared from brain cancer.

Mary was a Float Pool department nurse when a drunken driver killed her son Matt in 2001. Hospital staff reached out to her with strong emotional support and granted a leave of absence. Her supervisors were behind her as she joined MADD, Mothers Against Drunk Driving. Mary was recently recognized for her work on legislation requiring convicted DUI offenders to use an ignition lock that detects blood alcohol content.

In 2006, Mary's younger son, Michael, was diagnosed in the Walnut Creek ER with a large brain mass. The family chose to have his complex surgery at the John Muir Health Neurosciences Institute. Says Mary, "I truly believe that Drs. Richard Perrin and Terence Chen saved Michael's life." After nine rounds of chemotherapy, targeted radi-

ation and much additional care, Michael graduated from the U.S. Naval Academy, earned an M.B.A. and now works for the Pentagon. Mary credits his amazing recovery to the skilled care he received at John Muir Health from Drs. Vincent Massullo and Matthew Sirott; Susan Colligan, Ph.D.; and others.

Since then, life has gone on for Mary, but she's never too far emotionally from those experiences nor does she ever forget her connection and commitment to John Muir Health. She recalls going to a recent John Muir Health Foundation meeting for employees and walking past a life-size poster of Dr. Perrin. "Tears came to my eyes as I looked at this man who saved my son's life," she says. "I knew I wanted to support our employee campaign at the highest level. You give where your heart is—and I know the hospital, the expertise of the brain surgeons, the dedication of the trauma team. It is world class. I'm honored to work here."

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