John Muir Health - serving the North and East Bay

2008 Report of Philanthropy and Honor Roll of Donors
View from the slopes of Mt. Tamalpais where an injured firefighter was airlifted to the John Muir Trauma Center.
Thank you to our donors!

Your support has been invaluable in helping to sustain patient care and keep spirits high!

We are pleased to report some significant accomplishments during the past year.

- The John Muir Trauma Center consistently scored among the top five performing hospitals of 125 high performing trauma centers included in a study conducted by the National Trauma Data Bank. Survival rates at John Muir were found to be well above the national average.

- John Muir Health has enhanced its minimally invasive surgery offerings with the acquisition of two advanced high definition daVinci® Surgical Robotic Systems. Both robotic surgical systems were paid for with unrestricted gifts from community members providing our community increased access to many minimally invasive procedures.

- John Muir’s critical care team was honored for making a major contribution to patient care and outcome performance measures. The award was the result of initiating 24/7 remote monitoring of critical care patients on both campuses from the Critical Vision eICU Center. Physicians and nurses at the remote site monitor both the vital signs and the physical condition of these very acute care patients in sixty critical care beds. They provide a second set of eyes as backup to the clinical staff who are at the bedside.

- The Concord Campus earned five-star ratings for 2009 in valve replacement and coronary bypass surgeries, treatment of heart failure, and overall cardiac services, from HealthGrades. This independent health care quality company that analyzes quality at the nation’s 4,971 non-federal hospitals, also rated Concord’s cardiac surgery program the highest rated cardiac surgery program in Northern California.

- The Walnut Creek Campus has been named one of America’s Best Hospitals 2008 by U.S. News & World Report. This year, 5,453 medical centers were evaluated and John Muir’s Walnut Creek Campus was among 170 hospitals nationwide to receive the “Best Hospitals” distinction.

Your continuing commitment resulted in the Foundation receiving $5,076,611 in donations during the 2008 calendar year. This annual report gives more background on the two new robots that unrestricted donations made possible and the two building projects for which our capital campaign fundraising is essential.

With appreciation,

Howard L. Jenkins  
Chairman  
Board of Directors  
John Muir Health

J. Kendall Anderson  
President & CEO  
John Muir Health

Susan D. Woods  
Chairman  
Board of Directors  
John Muir Health Foundation

Milton J. Smith  
President  
John Muir Health Foundation
Ruben Martin, a firefighter at the Throckmorton Ridge Fire Station on the slopes of Mt. Tamalpais, was critically injured and airlifted to the John Muir Trauma Center on February 11, 2008. He was hospitalized for eleven weeks. He returned to John Muir for the last of eight surgeries in early January of 2009. Below: He celebrates by climbing a Mayan pyramid in March of this year.

Right: Firefighter Dave Carr said later that everyone was pretty sure Ruben wasn’t going to make it.
On February 11, 2008, after eight years as a paramedic and the last seven as a Marin County firefighter, Ruben Martin, was seriously injured when a fire truck, just returning from a call, backed into the Throckmorton Ridge Fire Station and pinned him against another truck. The accident left Ruben with a crushed pelvis and a seriously injured left leg causing him to bleed profusely. There was so much blood; he was convinced that he was not going to make it. An off-duty firefighter, Dave Carr, happened to be at the fire station and called for a helicopter. Two other firefighters who lived nearby came up the hill to the fire station to help. They put a tourniquet on Ruben’s leg and someone stroking his head. Dr. Nicholas Skaric led a surgery team of Brian Chin, M.D., vascular surgeon; Gregory Rhodes, M.D., vascular surgeon; Ziv Peled, M.D., plastic surgeon; and David D. Lin, M.D., gastroenterologist for the first surgery. He had two additional surgeries with Dr. Skaric, one assisted by Andres Caicedo, M.D., and one with Brian Chin, M.D. Following those first three surgeries, he had two more with plastic surgeon Ziv Peled, M.D., before he was discharged.

During his eleven week stay at John Muir, Ruben received care from emergency physicians; multiple surgeons; respiratory therapists; nurses working in emergency/trauma services, surgery and recovery, ICU, orthopedics and rehab; imaging technicians; physical and occupational therapists; and a social worker (see photo of some of these caregivers on page 7). He remembers very little from the first part of his stay except that on Valentine’s Day, his breathing tube was pulled out, and he kissed his wife and told her, “We did it.”

Ruben arrived at John Muir at 4:18 pm in the afternoon about 40-45 minutes after the incident. The first thing he remembers in the Trauma Center was hearing Dr. Nicholas Skaric giving commands and someone stroking his head. Dr. Skaric led a surgery team of Brian Chin, M.D., vascular surgeon; Gregory Rhodes, M.D., vascular surgeon; Ziv Peled, M.D., plastic surgeon; and David D. Lin, M.D., gastroenterologist for that first surgery. He had two additional surgeries with Dr. Skaric, one assisted by Andres Caicedo, M.D., and one with Brian Chin, M.D. Following those first three surgeries, he had two more with plastic surgeon Ziv Peled, M.D., before he was discharged.

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Ruben spent eight days in the ICU and 54 days in the orthopedic wing (4-West). He was finally moved to the fifth floor for rehabilitation where he had physical therapy and occupational therapy.

On April 26, 2008, Ruben left the hospital with a leg brace and crutches. In a few weeks, he used a cane and today walks without any assistance. Ruben had three additional outpatient surgeries with Dr. Peled. Not only did Ruben survive his ordeal, but as a testament to the care he received at John Muir, six weeks after his last surgery, Ruben climbed a Mayan pyramid during a much needed vacation in Belize.
Left: Babak Edraki, M.D., and Pat Noceti visit the site of her surgery on the Concord Campus and see the new da Vinci® Robotic System. It is one of two recently purchased, one for each medical center. Below: The origami bird was folded by the da Vinci and has an actual size of $\frac{3}{4}$ inch.

Far right: Dr. Edraki sits at the surgeon’s console which virtually extends the surgeon’s eyes and hands into the surgical field transcending the limitations of conventional surgical technologies.
In 2002, the Concord Campus, with a gift from a generous philanthropist, became one of only 75 hospitals in the United States to adopt da Vinci® robotic technology. Last year, when Lafayette resident Pat Noceti’s OB/GYN Sandy Hughes, M.D., recommended that she consider this type of surgery as the best option for gauging the spread of her cancer, she was lucky to have the technology available right here in Concord. She was referred by Dr. Hughes to Babak Edraki, M.D., a highly skilled gynecologic oncology specialist on staff at John Muir Health and one of only a few doctors with similar expertise in the Bay Area.

After doing some research, Pat concluded, “It was less invasive than conventional surgery and there was a much shorter recovery time. By using the robot, the surgeons would be able to remove the disease and biopsy the lymph nodes at the same time so we could see if the cancer had spread.”

The advantages for patients are significant. Pat Noceti came home from the hospital the day after her surgery and began walking. It wasn’t long before she resumed her daily 30-minute walking regimen. Since her surgery and her positive diagnosis Pat commented, “I was so fortunate that there was a robot in my area, that I currently need no more treatments, and that my cancer was picked up right away. I wish everyone had access to this type of quality care. My experience at John Muir was very positive. It’s not just about the robot or the technology, it’s also about the people.”

In late 2008, John Muir Health purchased two advanced high definition da Vinci® Systems – one for the Concord Campus replacing the 2002 model and one for Walnut Creek. This purchase was made possible using the unrestricted gifts of many donors.

These new robotic systems feature advanced high definition digital technology. They have four robotic arms one of which wields a tiny video camera and the others which manipulate complex surgical instruments giving the surgeon more degrees of motion than a human hand. The surgeon control the instruments at a nearby monitor and console.

With the purchase of these two robots, John Muir Health has enhanced minimally invasive surgery options for patients. This advanced system allows the surgeon greater access because of the arms extended reach. The introduction of high definition provides the surgeon with stunning 3D vision.

Surgeons at John Muir Health are using the da Vinci system for a variety of urological treatments such as prostatectomies and partial nephrectomies (kidney); benign hysterectomies as well as gynecologic/oncologic and gastrointestinal procedures. In the near future, there are plans for heart and general surgical applications.
**Distinguished Friends of John Muir Health Foundation**

The Distinguished Friends are donors who have given $10,000 or more over one or more years to the programs, projects and campuses of John Muir Health. The cumulative giving level is determined by the total amount pledged and/or donated to the John Muir Health Foundation.

**Founders’ Circle**

$2,500,000 or more

- Theresa M. Caygill
- Dr. Wayne M. Caygill & Mrs. Theresa M. Caygill
- Leta H. Evans & Edward Talbot Evans
- John Muir Medical Center Auxiliary, Walnut Creek Campus
- The J. M. Long Foundation
- The Thomas J. Long Foundation
- Elsa U. Pardee Foundation

**Chairman’s Circle Gold**

$750,000 – $999,999

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- Garaventa Family Foundation
- Eleanor R. Garrett
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- John Muir Medical Center Volunteers, Concord Campus
- John Muir Medical Group
- Lakeside Foundation
- Walter & Eve Markstein
- Medical Anesthesia Consultants Medical Group Inc.
- Ronald McDonald House Charities of the Bay Area
- Marie Spielman

**Chairman’s Circle**

$100,000 – $249,999

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- Ruth Arnhold Senior Transportation Fund
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- Ethel J. Leigh
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- Irene & Frank Malley
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- Michael Stead
- Joyce & Jerry Stroffolino
- Frances E. Todd
- United Way of the Bay Area
- Wayne & Gladys Valley Foundation
- Wells Fargo Bank
- Kathryn M. Wohlbrab
- Mrs. Ruth M. Young

- Mrs. Betty W. Poage
- Don & Sharon Ritchey
- Mr. & Mrs. Robert E. Vanderwall
- Captain Roy Whitmire, Ret.
Firefighter Ruben Martin remembers all his caregivers fondly. Pictured here are four respiratory therapists, fourteen nurses from many departments, imaging technicians, and best remembered because he was awake and alert are physical therapists Jim McManus and Vasumathi Mukkamala and occupational therapist Erin Johnson, all who helped him make the transition to normal life.
Muir Patrons
$10,000 – 24,999
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Dr. & Mrs. Richard L. Fraioli
Mr. David A. Freeman
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Ms. Suzanne Freiley
Mr. & Mrs. Silvio A. Garaventa, Jr.
Mr. & Mrs. Paul W. Gardner
Janet E. Gaston, M.D. & David Fattig
GlaxoSmithKline
Mr. & Mrs. David L. Goldsmith
Mrs. Ralph M. Grady
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Mrs. Diane Graybeh
Guidant Corporation
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Mr. & Mrs. Warren A. Hagstrom
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Mrs. Diane M. Hanson
Mrs. June N. Harding
Mr. & Mrs. Thomas M. Harlan
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Mr. & Mrs. Terry R. Haws
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Andrew A. Kives, M.D. & Joyce L. Abrams
Kiwanis Club of Rossmoor
Dr. & Mrs. Theodore I. Kloth
KnightRidder Corporation
The Caring Hands Volunteer Caregivers Program enables seniors who need some assistance to live independently by providing a volunteer caregiver who can run errands, drive to an appointment, do small household chores or simply provide companionship. Pictured here are caregiver Jan (left) and her friend Dziunia. This relationship has enriched both their lives.
Women's Philanthropic Circle Members
The Women’s Philanthropic Circle (WPC) enables its members, who contribute $1,000 annually, to pool resources for the purpose of funding clinical programs or projects of John Muir Health. We recognize here those members of the WPC for 2008.

Mary Shephard Brooks, CFP
Theresa M. Caygill
Carol E. Chiasson
Joan Culver
Angela Ti-Danzig, Ph.D.
Carlotta R. Darre
Virginia M. Dather
Betty J. Dawes
Elizabeth DeChene
Verna C. Deromedi
Barbara F. Ehlich
Marcia L. Ellicott
Francise Fiorentino
Dolores V. Formusa
Marilyn M. Gardner
Robin J. Griffiths
Anne F. Grodin
Diane Hanson
Jacqueline Haws
Lynne Hildebrand
Marilyn B. Hughes
Alice D. Hunter, M.D.
Catherine M. Hurt, M.D.
Marion B. Iles
Linda B. Ingham
Grace W. Jenner
Beverly A. Jones
Gloria Kaprielian
Donna D. Kaufman
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Marjory J. Knowles
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Joan B. Patterson
Joan Reynolds, M.D.
Bevery B. Riggs
Sharon M. Ritchey
Marsha D. Roberts, M.D.
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Helene Schwartz
Margaret M. Simor, RN,
MSN
Eileen Stein
Caren L. Steffens
Joyce C. Stroffolino
Lynette Tanner-Busby
Sandy Varco
Nancy M. Whalen
Vivian W. Wing, M.D.
Susan Woodmansee, M.D.
Susan D. Woods

Sponsors
Barton W. Bennett

In December of 2008, the WPC funded a Belmont Infuser for the Trauma Center which had been recommended by Dr. Michael W. deBoisblanc, Medical Director of Trauma. He used this infuser in Iraq to rapidly infuse warmed blood and/or fluid into soldiers with traumatic injuries, and it will be used at John Muir for critically injured patients with life-threatening bleeding.

The WPC also funded five plasma screens and their installation throughout the M. Caygill Emergency Department for the purpose of immediate communication among staff members assuring the highest quality of patient care.

Annual Circles
John Muir Health Foundation was the beneficiary of outstanding generosity in 2008. Listed here are those donors who made annual and/or endowment gifts of $100 or more between January 1, 2008 and December 31, 2008. Gifts and pledges for the building projects during 2008 and all years of the Capital Campaign are listed in a special Campaign section later in this report.

The numbers following the donor names indicate the number of consecutive years of giving.

Founders’ Society
$50,000 or more
Mrs. Theresa M. Caygill 11
Ethicon Endo-Surgery, Inc.
William A. Humphrey 13
John Muir Medical Center Volunteers, Concord Campus 2
Ms. Myrtle M. McGrew 2
Ronald McDonald House Charities of the Bay Area 2
SAFEWAY

Muir Society Gold
$5,000 – $9,999
Leta H. Evans & Edward Talbot Evans 11
Lakeside Foundation 13
Wayne & Gladys Valley Foundation 7

Muir Society Platinum Plus
$25,000 – $49,999
Boston Scientific Corporation 2
Mr. Edgar C. Bowman 13
Brighton Retail 2
Arnold & Bernard Buss 7
Cascade Refining, Inc.
CDA Foundation
Chevron Humankind Program 3
Mr. & Mrs. Walter H. Clemens 13
Robert H. Clough 12
Janet Godfrey Cronin 11
The Dielh Family 11
Ms. Denise A. Dodini 6
Mathew & Marlene Gonzales 5
Mr. & Mrs. Stephen Hamill 13
Mr. & Mrs. Terry R. Haws 23
Longs Drug Stores
Robert & Carol Molinaro 13

Muir Society Platinum
$10,000 – $24,999
Anonymous
Abbott Laboratories
Mr. & Mrs. James R. Allen
Ruth Arnhold Senior Transportation Fund 3
Covidien
Betty J. Dawes 9
Mrs. Naomi A. Dobrich 11
East Bay Community Foundation 9

Mr. Kurt A. Feuerman
Leigh M. Freeman 2
Mr. & Mrs. Silvio A. Garaventa, Jr.
Genentech, Inc. 2
Mr. & Mrs. David L. Goldsmith 11
Mrs. June N. Harding
Horace S. Henderson 40
Carleton Hussey
Dr. & Mrs. S. J. Lappor 9
Mr. & Mrs. Ronald Lather 8
The J. M. Long Foundation 2
Sidne J. Long & Lisa K. Long 8
G. Willard Miller Foundation 6
Dr. & Mrs. Michael P. Murphy
Mr. & Mrs. Paul H. Nathan 13
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Mrs. Harry Rattner
Joyce & Jerry Stroffolino 13
Mr. & Mrs. Jack E. Thompson 13
Wells Fargo Bank 2
Mr. & Mrs. Robert M. Whalen 22

Muir Society
$5,000 – $9,999
Anonymous (3)
Frederick W. Ackerman, M.D. 18
Mr. & Mrs. David H. Andrews 13
Mrs. Evelina D. Bolotoff 14
Boston Scientific Corporation 2
Mr. Edgar C. Bowman 13
Brighton Retail 2
Arnold & Bernard Buss 7
Cascade Refining, Inc.
CDA Foundation
Chevron Humankind Program 3
Mr. & Mrs. Walter H. Clemens 13
Robert H. Clough 12
Janet Godfrey Cronin 11
The Dielh Family 11
Ms. Denise A. Dodini 6
Mathew & Marlene Gonzales 5
Mr. & Mrs. Stephen Hamill 13
Mr. & Mrs. Terry R. Haws 23
Longs Drug Stores
Robert & Carol Molinaro 13

Michael W. deBoisblanc M.D., pictured in one of the new trauma rooms, recommended that the Women’s Philanthropic Circle purchase an infuser like one he had used in Iraq to infuse blood into soldiers. Currently, Dr. DeBoisblanc is on the Forward Surgical Team in Southwestern Afghanistan.
The new 56,000 square foot MuirLab, located in Concord, boasts a 163-foot automated sample distribution line. This lab in turn frees up the hospital-based labs in Concord and Walnut Creek to process time-sensitive testing of samples for their intensive care units, emergency departments and surgical departments. MuirLab serves more than 15 counties in Northern California.
The John Muir Community Health Alliance collaborates with other agencies to provide free dental services to children. In 2008, the clinic provided dental services to 652 individual children resulting in 1,114 visits. In addition, dental education and screening was provided to 922 children. This is a photo inside the Ronald McDonald Care Mobile® parked for this day in Richmond.
Samuel C. Oommen, M.D., Medical Director, Gastrointestinal Oncology Program at the John Muir Cancer Institute, was the course director for a two-day advanced laparoscopic colorectal surgical program. John Muir Health, in partnership with a grant from Ethicon Endosurgery hosted sixteen general and colorectal surgeons from across the United States and Mexico.
Mr. Paul Kolarik
Mr. & Mrs. Robert J. Korbus
Mr. & Mrs. Robert J. Korsan
Mr. & Mrs. Theodore J. Kosierowski
Mr. Bob Koubal
Sister Mary Ellen Kowalski, C.S.J.
Mrs. Maria J. Kozak-Feeney
Mrs. Lola Kreiser-Buck
Mr. Vladimir Z. Krein
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Dr. & Mrs. Narayanaswamy Krishnamurthi
Mr. & Mrs. Ted C. Krumland
Ms. Lucille Kynoch
Mr. Bill Lafayette
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Mr. & Mrs. Keith Laird
Ms. Esther Lam
Mr. William Lam
Mr. Jeffrey R. Lambert
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Mr. & Mrs. William M. S. Lee
Mr. & Mrs. Wyatt S. Lee
Mr. Allen Leighton
Mrs. Sandra Lemmons
Mr. & Mrs. Laurence E. Lengler
John A. Leonard, M.D.
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Mr. Jorge Leong
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Mrs. Patricia F. Lester
Mr. Albert J. Lewis
Mrs. L. Jerome Lewis
Ms. Lorraine A. Libera
Mr. Stephen J. Liberatore
Ms. Brenda Lim
Andrew E. Lin, M.D.
The John Muir Health Mobile Clinic had 718 patients visit the free Saturday clinic in Brentwood and Byron. In addition, in partnership with Contra Costa Health Care for the Homeless, 2,622 persons were jointly served. More than forty doctors, nurses and support staff from John Muir Health volunteer their time to provide these services to the community.
The Heritage Society
The Heritage Society honors donors whose planned gifts will benefit John Muir Health in the future.

Guarantors Circle
This Circle recognizes gifts arranged through charitable trusts, pooled income funds and testamentary campaign pledges.

Platinum Level
Gifts of $1 million or more
Theresa M. Caygill
Jerry & Marilyn Origlia
Lillian E. Poage
Clair S. Weenig, M.D.
& Joan S. Weenig
Captain Roy Whitmire, Ret.

Gold Level
Gifts $100,000 – $999,999
Anonymous
Lewis E. Albright
Nancy & Bob Bradford
Arnold & Berdine Buss
Mr. & Mrs. F. N. Fossati
Frank & Ellen Gatto
Erik & Celeste Haak
John & Eleanor Higson
Graham Allan & Patricia Jones
John H. & Joan N. Kiefer
In memory of Stephen Loeb
Frank & Caroline Martini
Mr. & Mrs. Harold B. Marty
John B. & Evelyn V. McLean
Mr. Arthur H. Wellens

Silver Level
$10,000 – $24,999
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Ms. Heather Stewart
The John Muir Outpatient Center, Brentwood, provides a variety of healthcare services including diagnostic imaging such as digital mammography, CT, MRI, EKG, ultrasound and nuclear medicine. Also available are physical rehabilitation and an outpatient surgery center. Pediatric services (as shown at right) have recently been expanded by the John Muir Medical Group.
Assuring the highest level of healthcare for this community
The Capital Campaign for John Muir Health

The Campaign will provide necessary resources to complete the Cardiovascular Institute and The Muriel T. and Thomas J. Long Patient Care Tower.

Today, John Muir Health not only depends on gifts to support its programs and technology purchases but also to assist with the cost of construction. Philanthropic contributions are a vital source of capital funds in addition to those raised from the sale of hospital bonds and the use of JMH reserves. Broad community support is necessary for the completion of these projects.
Guy R Henshaw, Chairman of the Capital Campaign, signs the final beam that was then lifted in place during the topping off celebration at Walnut Creek. The new circular courtyard is visible from above.

Jane Willemsen, President and CAO of John Muir in Walnut Creek
Over the last year, progress on the two new buildings at John Muir Medical Center – Walnut Creek and John Muir Medical Center – Concord has been visually exciting as the towers reach their finished heights.

Early in the year both campuses celebrated with groundbreaking ceremonies followed by celebrations commemorating the placing of the last steel beam on each building in November of 2008 and January of 2009.

Now that the buildings are more than architectural drawings and the floor plans are coming to life, these significant changes signal to the community that John Muir is not only an important resource for the community today but is keeping its promise to continue to serve this growing community for years to come.

For those who recognize the value of living within the service area of these two great resources, please consider how you can make a personally meaningful financial commitment to the Campaign. Support of many who are close to the hospitals – employees, physicians, foundations, board members and volunteers – has brought the Campaign total to nearly $31 million toward a goal of $56 million.

When you are invited to participate, what will you say?

Will you invest in the health of the community?
In 2009 and 2010, John Muir Health Foundation volunteers will be inviting the entire community to support the Campaign for John Muir’s two hospitals.
Thank you!

**Campaign Leadership Donors**
In appreciation of the early and significant gift of The Thomas J. Long Foundation, the Patient Care Tower in Walnut Creek will be named in honor of Thomas J. and Muriel T. Long.

$2,500,000
Theresa M. Caygill
John Muir Medical Center Auxiliary, Walnut Creek Campus
The J. M. Long Foundation

$1,000,000 – $2,499,999
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Bay Imaging Consultants Medical Group
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$50,000 – $99,999
John Muir Medical Group
Medical Anesthesia Consultants Medical Group, Inc.

$25,000 – $49,999
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Clair S. Weneig, M.D. & Joan M. Weneig
Jane & Wayne Willemsen
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**All Campaign Donors**
(As of March 20, 2009)

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Michael L. Levine, M.D., a John Muir Health physician in the department of Radiation Oncology serves as chairman of the Capital Campaign Cabinet which developed the plan for the current campaign. Dr. Levine invites the community to join him in ensuring that John Muir Health continues to provide the best medical care to the citizens of Contra Costa and surrounding counties.

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Carmen M. Bernal
Sandy B. Bernal
Steve & Shirlene Berry
Joyce M. Bess
Roberta J. Bessette
Sharon L. Beswick
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<td>The Thomas &amp; Carol DeCarlo Family</td>
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