JMH Family Medicine International Rotation
Arequipa, Peru

Program Description:

This will be a 2-3 week elective rotation in Arequipa, Peru available to 2nd and 3rd year residents. Residents will collaborate with local clinical teams to observe and practice medicine in suburban Peru, alongside local faculty and faculty from John Muir Health or Long Beach Memorial Residencies. Goals and objectives will be addressed via a pre-rotation curriculum directed at international health, the rotation in Arequipa with designed clinical and home visit experiences, and finally through a resident "grand rounds" presentation to colleagues in Alto Cayma and upon return to their home residency.

Examples of Goals and Objectives:

1. Learn to be a cultural ambassador by practicing professionalism and compassion, and by emulating team-based principles to enhance whole person healthcare.
2. Develop skills in patient-centered, cost conscious care which can be translated to one's primary care practice in the US while recognizing similarities and differences of health care delivery to vulnerable populations in respective countries.
3. Observe and analyze how medical care is delivered in underdeveloped settings and its relevance to the community needs as well as how social, economic, and political forces influence the provision of health care in underserved international settings.
4. Participate in health-related practice management research in the clinic.
5. Develop long term care plans for complex patients by engaging in clinic visits, home visits, and virtual visits.

About the Area: Arequipa, Peru

Arequipa is the second most populated city in Peru, after Lima. Framed by three volcanoes, it features a city center with colonial architecture born of local white volcanic stone and is referred to as Peru's cultural center. Located southeast of Lima, Arequipa lies approximately 8000 ft above sea level. Seventy percent of its population resides within the city proper, but the clinic, in the outer district of Alto Cayma, is about 20 minute drive from the city center. The topography and geology of the region shape the cities development, common health conditions, and health care delivery.

JMH Faculty and Resident Leads:

Dr. Kishore Nath, Associate Program Director — Kishore.nath_md@johnmuirhealth.com
Dr. Elizabeth Iten, Faculty — Elizabeth.iten_md@johnmuirhealth.com
Dr. Bre Tetreault, Resident PGYI — Breanna.tetreault_do@Johnmuirhealth.com

Faculty preceptors: (L→R) Dr. Michelle Ong (UNC Chapel Hill), Dr. Kishore Nath (John Muir), Dr. Wayne Centrone (Oregon), Dr. Christian (Lead clinician in Peru), Dr Fred Groos (Wisconsin), Máris (Lead Nurse, Practice Manager), and Dr. Brooke LaDuca (Long Beach Memorial) and Lydia (Nurse, Prenatal Care)

Clinic Room

Dr. Nath y las Promatoras

Outside the Clinic in Alto Cayma

Scenery of Arequipa