



*Pictured (left to right) Back row: Evelyn Ramirez, Claudia Martinez, Alma Arteaga, Dr. Jeremy Fish, Triana Gomez, Ruby Zamora, Gisela Ontiveros, 2<sup>nd</sup> Row: Lynn Eddleman, Beth Brand, Lisa Taylor, Ginger Peleras, Front Row: Abby Peyser, Dr. John Zuorski, Dr. Catalina Triana, Dr. Kishore Nath*

## State of the Residency - July 11th, 2016

### First Year Class Arrives in 355 Days

by Dr. Jeremy Fish, Program Director

I am pleased to announce that the state of the JMH Family Medicine Residency program is strong and growing stronger.

### Residency Practice & 4<sup>th</sup> Year Clerkships

We opened our state-of-the-art Family Medicine Residency Practice on March 10th, 2016 and the first 4th year Medical Student Clerks joined our growing practice on July 5th. We recently welcomed our 2nd Core Faculty Member, Ravjeet Kullar, MD and our Behavioral Medicine program manager, Cammy Froude, PhD, who will be providing clinical services in the Residency Practice as well as resident supervision and training in Behavioral Health.

### 4th Year Clerkships

We currently have three UCSF Medical Students doing Ambulatory Clerkships and one UCSF 4th year student doing our Hospitalist/Transitional Care Clerkship at our Concord campus. Early feedback is they have felt very welcomed and well supported in their educational mission here. We have received over 50 Applications for our new Clerkships and continue to receive applications daily. In all we will host between 35 - 40 students. We hope many of our 4th year clerks will begin to apply to our Residency program when the National Residency Match program opens in September of this year. We anticipate receiving over 100 Medical Student applications to "Match" our first class of eight residents by March 2017.

### Developing our Clinic First Innovative Residency Schedule & First Year Curriculum

Our Residency team has just concluded a multi-month process to evaluate best practices in Residency Schedules. Most physicians are familiar with the traditional BLOCK schedule ---one month here, one month there, never quite sure when to go to continuity clinic because it changes every month. Patients have trouble seeing their primary resident, residents have different preceptors every week, and continuity gets lost in the schedule shuffle.

We have chosen to innovate our Residency schedule into a Quarterly Long-Block / Short-Block model with a creative Residency Practice schedule that maximizes patient continuity, preceptor relationship-building & supervision, team-care in the practice, and balance of inpatient and residency practice work-load in a way that improves education across the spectrum of training. We have called it the "Modified Indianapolis" model which was developed in 2009 in Indianapolis and best met our broad priorities compared to the many other schedules we considered. Needless to say, our residents, students, patients, preceptors and staff will all benefit from this innovative and adaptive 21st Century Residency Schedule.

Questions? Comments? Connect with us!



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We will conclude the formation of our First Year Residency Curriculum in the next couple months---at which time we will convene Faculty and Curriculum Development groups to design the training experiences across many areas of John Muir Health---OB, Pediatrics, Adult Hospital Care, Geriatrics & Palliative Care, Family Teamcare, and Vulnerable Population Health & Leadership to name a few.

### Expanding & Developing our JMH–UCSF Clinical Faculty

So far 3rd & 4th year Medical Students appear to find our learning environment excellent---thanks to the many people who have stepped forward to lead and teach within our new Residency Program.

### Applications, Interviews, Ranking and Match begins in September

We will begin receiving Residency Applications in September and start our weekly interviews on Thursdays between mid-October and late January. This is an extremely exciting and busy time of year for Residency programs---and we will need lots of help screening and interviewing applicants. Cammy Froude is helping develop our interview process as we want to incorporate modern interview processes to evaluate across medical, social, and emotional intelligence spectrum to assure we draw in team-player Residents into our program. Teamcare requires we assess not only their clinical capabilities but their inter-personal and professional capabilities in an effective and welcoming way. Here is how the Application, Interview, Ranking season unfolds:

#### Mid-Sept. 2016:

Download ERAS & Screen Applicants

#### Mid-October:

Begin Weekly Thursday Interview Groups (10 per week)

#### November:

Begin Ranking Meetings

#### Mid-February:

We submit our Rank List to NRMP.

#### Mid-March:

We receive our list of candidates who ranked us highly from our Rank List.

#### Mid-June:

First Year Class arrives for Orientation.

#### July:

First day of JMH FM Residency training begins. So, we are well on our way to launching the program and we are preparing for our Interview Season, Match, and start of the academic year in July.

## Congratulations

**Kishore Nath, MD**, was appointed as Adjunct Clinical Assistant Professor of Family Medicine with the University of Southern California, Keck School of Medicine. He was also recently appointed as a Volunteer Clinical Faculty with the University of California San Francisco's Family and Community Medicine. These appointments confirm what we already know about Dr. Nath – he is an excellent teacher!

## Welcome to the Team



**Ravjeet Kullar, MD**  
Core Faculty

*"I am passionate about giving residents the tools they need to take great care of themselves, so that they can take great care of our patients."*



**Cammy Froude, PhD**  
Behavioral Health Program Manager

*"I will support the integration of behavioral health in family medicine residency training and patient care."*

## GiveHealth

Looking to make an investment in your community's health? Donate today to the John Muir Health Family Medicine Residency Program. Your contribution will go towards education and improving access for the vulnerable members of our community. [Click Here.](#)

For those with a hard copy of this newsletter visit:

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## Residency Spotlight: Our Practice Team



## Countdown to our Inaugural Class

**September 15th, 2016** – Applicants begin applying to our Residency through [ERAS®](#). Don't forget to also register for The Match™ at [NRMP®](#).

**October 2016** – We begin interviewing applicants.

**February 22nd, 2017** – Our Rank Order List (ROL) is due by 9:00 PM ET.

**March 17th, 2017** – We will match our inaugural class of eight family medicine residents through [The Match™](#).

## Come meet us at AAFP 2016.

If you are attending the AAFP Annual Conference in **Kansas City** from **July 28th** thru **July 30th**, visit us at our corner booth **#1937**.

Program Director, Jeremy Fish, MD and Core Faculty, Kishore Nath, MD will be present. So come by, pick up some nice SWAG and hang out for a bit.



### John Muir Health Family Medicine Residency Program

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