



▶ **John Muir Health - serving the North and East Bay**

2008 Report of Philanthropy and Honor Roll of Donors



▶ View from the slopes of Mt. Tamalpais where an injured firefighter was airlifted to the John Muir Trauma Center.

Thank you to our donors!

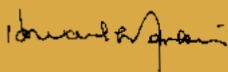
Your support has been invaluable in helping to sustain patient care and keep spirits high!

We are pleased to report some significant accomplishments during the past year.

- The John Muir Trauma Center consistently scored among the top five performing hospitals of 125 high performing trauma centers included in a study conducted by the National Trauma Data Bank. Survival rates at John Muir were found to be well above the national average.
- John Muir Health has enhanced its minimally invasive surgery offerings with the acquisition of two advanced high definition daVinci® Surgical Robotic Systems. Both robotic surgical systems were paid for with unrestricted gifts from community members providing our community increased access to many minimally invasive procedures.
- John Muir's critical care team was honored for making a major contribution to patient care and outcome performance measures. The award was the result of initiating 24/7 remote monitoring of critical care patients on both campuses from the Critical Vision eICU Center. Physicians and nurses at the remote site monitor both the vital signs and the physical condition of these very acute care patients in sixty critical care beds. They provide a second set of eyes as backup to the clinical staff who are at the bedside.
- The Concord Campus earned five-star ratings for 2009 in valve replacement and coronary bypass surgeries, treatment of heart failure, and overall cardiac services, from HealthGrades. This independent health care quality company that analyzes quality at the nation's 4,971 non-federal hospitals, also rated Concord's cardiac surgery program the highest rated cardiac surgery program in Northern California.
- The Walnut Creek Campus has been named one of **America's Best Hospitals 2008** by *U.S. News & World Report*. This year, 5,453 medical centers were evaluated and John Muir's Walnut Creek Campus was among 170 hospitals nationwide to receive the "Best Hospitals" distinction.

Your continuing commitment resulted in the Foundation receiving \$5,076,611 in donations during the 2008 calendar year. This annual report gives more background on the two new robots that unrestricted donations made possible and the two building projects for which our capital campaign fundraising is essential.

With appreciation,



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▶ *Left:* Ruben Martin, a firefighter at the Throckmorton Ridge Fire Station on the slopes of Mt. Tamalpais, was critically injured and airlifted to the John Muir Trauma Center on February 11, 2008. He was hospitalized for eleven weeks. He returned to John Muir for the last of eight surgeries in early January of 2009. *Below:* He celebrates by climbing a Mayan pyramid in March of this year.



Right: Firefighter Dave Carr said later that everyone was pretty sure Ruben wasn't going to make it.





It Takes a Team to Save a Life

Surgeons, physicians, nurses, technicians, therapists and support staff collaborate

On February 11, 2008, after eight years as a paramedic and the last seven as a Marin County firefighter, Ruben Martin, was seriously injured when a fire truck, just returning from a call, backed into the Throckmorton Ridge Fire Station and pinned him against another truck. The accident left Ruben with a crushed pelvis and a seriously injured left leg causing him to bleed profusely. There was so much blood; he was convinced that he was not going to make it. An off-duty firefighter, Dave Carr, happened to be at the fire station and called for a helicopter. Two other firefighters who lived nearby came up the hill to the fire station to help. They put a tourniquet on Ruben's leg using a paintbrush as a crank to tighten it down. Another fire fighter left to pick up Ruben's wife, Kelli, in Windsor.

When Ruben came to, he could hear the helicopter overhead. He said that he wanted to go to Santa Rosa since it would be his last chance to say good bye to his family. After the paramedics stabilized Ruben, and he began to feel like he could survive, he asked the flight

nurse where he would get the best trauma care. She said without hesitation, "John Muir."

Ruben arrived at John Muir at 4:18 pm in the afternoon about 40-45 minutes after the incident. The first thing he remembers in the Trauma Center was hearing Dr. Nicholas Skaric giving commands and someone stroking his head. Dr. Skaric led a surgery team of Brian Chin, M.D., vascular surgeon; Gregory Rhodes, M.D., vascular surgeon; Ziv Peled, M.D., plastic surgeon; and David D. Lin, M.D., gastroenterologist for that first surgery. He had two additional surgeries with Dr. Skaric, one assisted by Andres Caicedo, M.D., and one with Brian Chin, M.D. Following those first three surgeries, he had two more with plastic surgeon Ziv Peled, M.D., before he was discharged.

During his eleven week stay at John Muir, Ruben received care from emergency physicians; multiple surgeons; respiratory therapists; nurses working in emergency/trauma services, surgery and recovery, ICU,

orthopedics and rehab; imaging technicians; physical and occupational therapists; and a social worker (see photo of some of these caregivers on page 7). He remembers very little from the first part of his stay except that on Valentine's Day, his breathing tube was pulled out, and he kissed his wife and told her, "We did it."

Ruben spent eight days in the ICU and 54 days in the orthopedic wing (4-West). He was finally moved to the fifth floor for rehabilitation where he had physical therapy and occupational therapy.

On April 26, 2008, Ruben left the hospital with a leg brace and crutches. In a few weeks, he used a cane and today walks without any assistance. Ruben had three additional outpatient surgeries with Dr. Peled. Not only did Ruben survive his ordeal, but as a testament to the care he received at John Muir, six weeks after his last surgery, Ruben climbed a Mayan pyramid during a much needed vacation in Belize.





▶ *Left:* Babak Edraki, M.D., and Pat Noceti visit the site of her surgery on the Concord Campus and see the new *da Vinci*® Robotic System. It is one of two recently purchased, one for each medical center. *Below:* The origami bird was folded by the *da Vinci* and has an actual size of $\frac{3}{4}$ inch.



Far right: Dr. Edraki sits at the surgeon's console which virtually extends the surgeon's eyes and hands into the surgical field transcending the limitations of conventional surgical technologies.





Concord Campus among the first with surgical robotic technology

“I was so fortunate that there was a robot in my area”

In 2002, the Concord Campus, with a gift from a generous philanthropist, became one of only 75 hospitals in the United States to adopt *da Vinci*® robotic technology. Last year, when Lafayette resident Pat Noceti’s OB/GYN Sandy Hughes, M.D., recommended that she consider this type of surgery as the best option for gauging the spread of her cancer, she was lucky to have the technology available right here in Concord. She was referred by Dr. Hughes to Babak Edraki, M.D., a highly skilled gynecologic oncology specialist on staff at John Muir Health and one of only a few doctors with similar expertise in the Bay Area.

After doing some research, Pat concluded, “It was less invasive than conventional surgery and there was a much shorter recovery time. By using the robot, the surgeons would be able to remove the disease and biopsy the lymph nodes at the same time so we could see if the cancer had spread.”

The advantages for patients are significant. Pat Noceti came home from the hospital the day after her

surgery and began walking. It wasn’t long before she resumed her daily 30-minute walking regimen. Since her surgery and her positive diagnosis Pat commented, “I was so fortunate that there was a robot in my area, that I currently need no more treatments, and that my cancer was picked up right away. I wish everyone had access to this type of quality care. My experience at John Muir was very positive. It’s not just about the robot or the technology, it’s also about the people.”

In late 2008, John Muir Health purchased two advanced high definition *da Vinci*® Systems – one for the Concord Campus replacing the 2002 model and one for Walnut Creek. This purchase was made possible using the unrestricted gifts of many donors.

These new robotic systems feature advanced high definition digital technology. They have four robotic arms one of which wields a tiny video camera and the others which manipulate complex surgical instruments giving the surgeon more degrees of motion than a

human hand. The surgeon control the instruments at a nearby monitor and console.

With the purchase of these two robots, John Muir Health has enhanced minimally invasive surgery options for patients. This advanced system allows the surgeon greater access because of the arms extended reach. The introduction of high definition provides the surgeon with stunning 3D vision.

Surgeons at John Muir Health are using the *da Vinci* system for a variety of urological treatments such as prostatectomies and partial nephrectomies (kidney); benign hysterectomies as well as gynecologic/oncologic and gastrointestinal procedures. In the near future, there are plans for heart and general surgical applications.



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The Distinguished Friends are donors who have given \$10,000 or more over one or more years to the programs, projects and campuses of John Muir Health. The cumulative giving level is determined by the total amount pledged and/or donated to the John Muir Health Foundation.

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■ Firefighter Ruben Martin remembers all his caregivers fondly. Pictured here are four respiratory therapists, fourteen nurses from many departments, imaging technicians, and best remembered because he was awake and alert are physical therapists Jim McManus and Vasumathi Mukkamala and occupational therapist Erin Johnson, all who helped him make the transition to normal life.



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■ The Caring Hands Volunteer Caregivers Program enables seniors who need some assistance to live independently by providing a volunteer caregiver who can run errands, drive to an appointment, do small household chores or simply provide companionship. Pictured here are caregiver Jan (left) and her friend Dziunia. This relationship has enriched both their lives.



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The Women's Philanthropic Circle (WPC) enables its members, who contribute \$1,000 annually, to pool resources for the purpose of funding clinical programs or projects of John Muir Health. We recognize here those members of the WPC for 2008.

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In December of 2008, the WPC funded a Belmont Infuser for the Trauma Center which had been recommended by Dr. Michael W. deBoisblanc, Medical Director of Trauma. He used this infuser in Iraq to rapidly infuse warmed blood and/or fluid into soldiers with traumatic injuries, and it will be used at John Muir for critically injured patients with life-threatening bleeding.

The WPC also funded five plasma screens and their installation throughout the new and enlarged Theresa M. Caygill Emergency Department for the purpose of immediate communication among staff members assuring the highest quality of patient care.

Annual Circles

John Muir Health Foundation was the beneficiary of outstanding generosity in 2008. Listed here are those donors who made annual and/or endowment gifts of \$100 or more between January 1, 2008 and December 31, 2008. Gifts and pledges for the building projects during 2008 and all years of the Capital Campaign are listed in a special Campaign section later in this report.

The numbers following the donor names indicate the number of consecutive years of giving.

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■ Michael W. deBoisblanc M.D., pictured in one of the new trauma rooms, recommended that the Women's Philanthropic Circle purchase an infuser like one he had used in Iraq to infuse blood into soldiers. Currently, Dr. DeBoisblanc is on the Forward Surgical Team in Southwestern Afghanistan.

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■ The new 56,000 square foot MuirLab, located in Concord, boasts a 163-foot automated sample distribution line. This lab in turn frees up the hospital-based labs in Concord and Walnut Creek to process time-sensitive testing of samples for their intensive care units, emergency departments and surgical departments. MuirLab serves more than 15 counties in Northern California.



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The John Muir Community Health Alliance collaborates with other agencies to provide free dental services to children. In 2008, the clinic provided dental services to 652 individual children resulting in 1,114 visits. In addition, dental education and screening was provided to 922 children. This is a photo inside the Ronald McDonald Care Mobile[®] parked for this day in Richmond.



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■ The John Muir Health Mobile Clinic had 718 patients visit the free Saturday clinic in Brentwood and Byron. In addition, in partnership with Contra Costa Health Care for the Homeless, 2,622 persons were jointly served. More than forty doctors, nurses and support staff from John Muir Health volunteer their time to provide these services to the community



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This Circle recognizes gifts arranged through charitable trusts, pooled income funds and testamentary campaign pledges.

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■ The John Muir Outpatient Center, Brentwood, provides a variety of healthcare services including diagnostic imaging such as digital mammography, CT, MRI, EKG, ultrasound and nuclear medicine. Also available are physical rehabilitation and an outpatient surgery center. Pediatric services (as shown at right) have recently been expanded by the John Muir Medical Group.



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Please accept our apologies for any errors and notify the Foundation Office so our records may be corrected.

Gifts and pledges to the Campaign for John Muir Medical Center during 2008 and all years of the Campaign are listed later in this report.



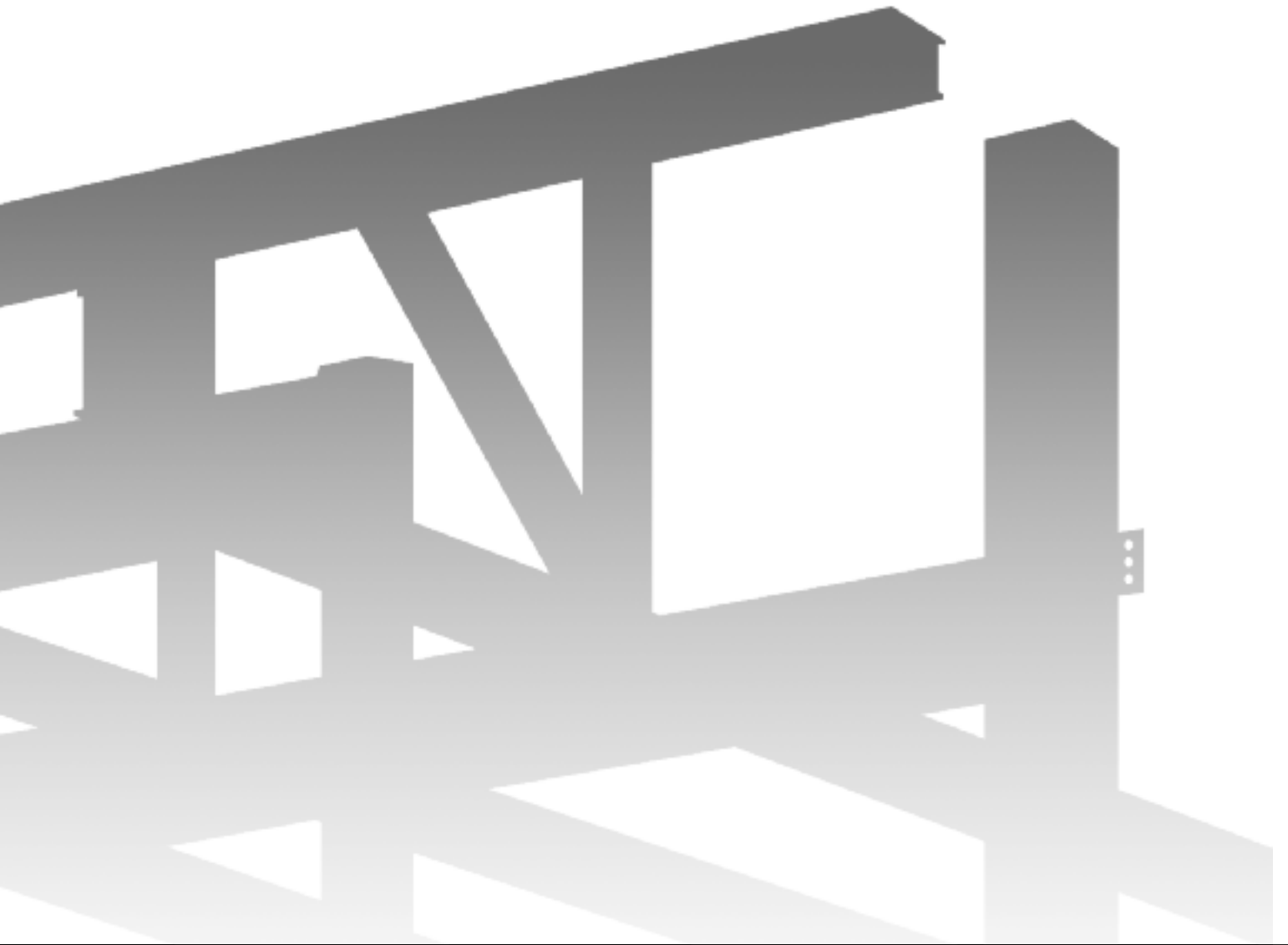
breaking new ground
▶ Right here

Assuring the highest level of healthcare for this community

The Capital Campaign for John Muir Health

The Campaign will provide necessary resources to complete the Cardiovascular Institute and The Muriel T. and Thomas J. Long Patient Care Tower.

Today, John Muir Health not only depends on gifts to support its programs and technology purchases but also to assist with the cost of construction. Philanthropic contributions are a vital source of capital funds in addition to those raised from the sale of hospital bonds and the use of JMH reserves. Broad community support is necessary for the completion of these projects.





Guy R Henshaw, Chairman of the Capital Campaign, signs the final beam that was then lifted in place during the topping off celebration at Walnut Creek. The new circular courtyard is visible from above.



Jane Willemsen, President and CAO of John Muir in Walnut Creek



▶ Will you invest in the health of the community?
In 2009 and 2010, John Muir Health Foundation
volunteers will be inviting the entire community to
support the Campaign for John Muir's two hospitals.

*Mike Thomas, President and CAO of
John Muir in Concord*



The steel beam is lifted into place
after the last employee signs it
at Concord. A view of the Cardio-
vascular Institute below shows
the beautiful curved face of the
building which also will house the
award-winning emergency
department on the first floor.



Celebrating Milestones

Over the last year, progress on the two new
buildings at John Muir Medical Center –
Walnut Creek and John Muir Medical
Center – Concord has been visually exciting as
the towers reach their finished heights.

Early in the year both campuses celebrated
with groundbreaking ceremonies followed by
celebrations commemorating the placing of the
last steel beam on each building in November
of 2008 and January of 2009.

Now that the buildings are more than
architectural drawings and the floor plans are
coming to life, these significant changes signal
to the community that John Muir is not only
an important resource for the community
today but is keeping its promise to continue
to serve this growing community for years
to come.

For those who recognize the value of living
within the service area of these two great
resources, please consider how you can make a
personally meaningful financial commitment
to the Campaign. Support of many who are
close to the hospitals – employees, physicians,
foundations, board members and volunteers –
has brought the Campaign total to nearly
\$31 million toward a goal of \$56 million.

When you are invited to participate, what will
you say?



Thank you!

Campaign Leadership Donors

In appreciation of the early and significant gift of **The Thomas J. Long Foundation**, the Patient Care Tower in Walnut Creek will be named in honor of Thomas J. and Muriel T. Long.

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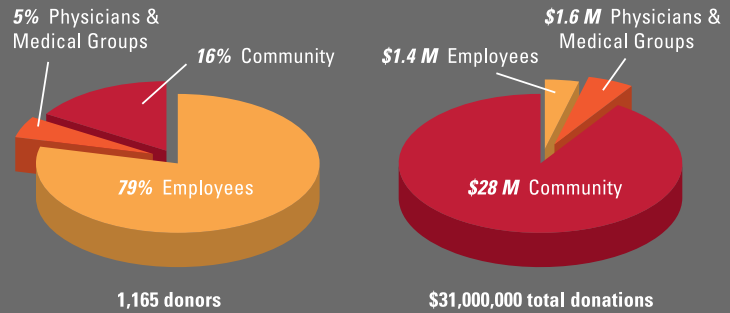
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1400 Treat Boulevard, Second Floor, Walnut Creek, CA 94597 tel: 925.947.4449 fax: 925.941.2132
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