

Young-Onset Colorectal Cancer (CRC)

1 in 5



people diagnosed before age 50



The <50 Age Group ...



- Now accounts for **more than 10%** of all CRC cases.

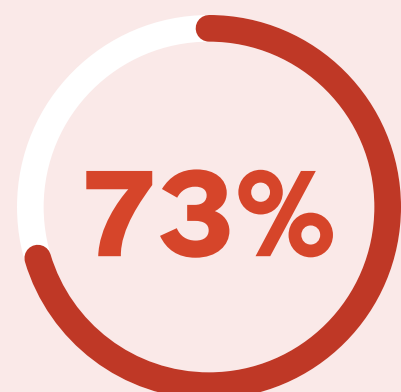
- Incidence and mortality are increasing significantly.

- Often undiagnosed or misdiagnosed when presenting with symptoms.

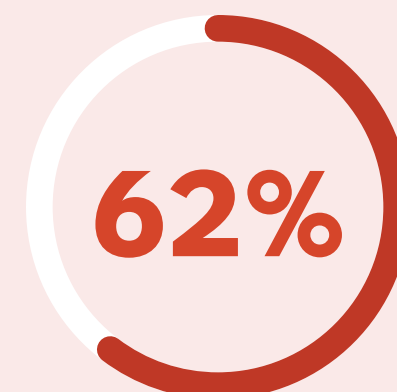
A recent survey of young-onset CRC cancer survivors found:



delayed diagnosis by 6 months due to low suspicion



were diagnosed when their CRC was late stage



had no family history of CRC

Know the Risk factors

- Obesity
- High consumption of red meat and processed foods
- Sedentary lifestyle



Heed the Warning Signs

- Blood in the stool
- Change in bowel habits
- Anemia
- Persistent abdominal discomfort
- Unexplained weight loss

Seek Help

- **DO NOT** ignore Warning Signs
- Consult your physician immediately and get screened
- Get more information about Young-Onset CRC

CALL: (925) 947-3322

VISIT: • www.ccalliance.org/about/never-too-young
• www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/colorectal-cancer-facts-and-figures/colorectal-cancer-facts-and-figures-2020-2022.pdf