# John Muir Health Perioperative Program

John Muir Health is the only non-academic health care facility to offer a physician-directed comprehensive Perioperative Medicine Program. The mission of this clinic is to identify and mitigate perioperative risk and reduce undesirable clinical variation. Through standardized clinical assessments and implementing evidence-based practices, studies have shown a reduction in elective surgery mortality. This service is offered to referring physicians and attending surgeons.

#### Provides the opportunity to:

- Standardize clinical assessments
- Implement evidence-based practices
- Reduce risk of undesirable clinical outcomes

John Muir Health Orthopedic Surgeons recommend use of the perioperative program for all their surgical patients.

### The goal of the program:

- Ensuring patient education to the benefits and risks of surgery
- Identify patients who are "at risk" with patient interviews and robust medical history
- Implement risk mitigation strategies
- Communicate with surgeon or PCP, and all members of the health care team in a systematized fashions

## **Program Director:**



**Alicia Gruber Kalamas, M.D.** 1656 N. California Blvd. Walnut Creek, CA **Certification:** American Board of Anesthesiology

**Education:** Medical School: UCSF

Internship: UCSF
Residency: UCSF

#### For information:

**Phone:** (925) 941-4058, Ext. 34140

Fax: (925) 472-0682

alicia.kalamas\_md@johnmuirhealth.com

