

Caregiver's Job Description

When you're hiring a caregiver, it's important to be clear up front about what's expected. Use this list to define responsibilities. Be sure to review each item with the caregiver in person.

Household Tasks	Frequency	Comments
Buy groceries		
Cook meals		
Wash dishes		
Empty trash		
Sweep & mop		
Clean bathroom		
Dust & vacuum		
Change bed linens		
Laundry		
Personal Care Tasks		
Assist with getting in/out of bed		
Assist with walking		
Assist with using the toilet		
Assist with bath		
Assist with shampooing hair		
Assist with dressing		
Assist with meals		
Assist with exercises		
Transportation Tasks		
Take to doctor's appointments		
Take to social activities		
Take to other activities (religious, etc.)		
Leisure Activities		
TV programs		
Reading		
Playing games		
Visiting		