

**OUTPATIENT GRAND ROUNDS EVALUATION**
**ENDURING MATERIALS**

Original presentation date: March 1, 2016 OP GR EM Evaluation, Obesity Challenges in Orthopedics, L. Calafi, MD Orthopedic Surgeon

Estimated Time to complete the activity is 45 minutes. Activity and content expires: March 1, 2018

Statement of disclosure: John Muir Health has determined that the planning committee members for this activity do not have any affiliations with any corporate organizations that may constitute a conflict of interest. The speaker's disclosures of financial relationships with commercial interests have been identified and resolved.

Accreditation Statement: John Muir Health is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

Credit Designation Statement: John Muir Health designates this enduring material for a maximum of one (.75) AMA PRA Category 1 Credits™.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

JMH Internet Policy: <https://www.johnmuirhealth.com/website-privacy-policy1.html>

**POST-COURSE:**
**Level of confidence in my skill or ability to:**
**3=high level, 2= moderate level, 1=low level (circle one)**

- |  |   |   |   |
|--|---|---|---|
| • Differentiate between older and newer options for the management of Obesity Challenges in Orthopaedics. ....                       | 3 | 2 | 1 |
| • Formulate and communicate treatment plans for the management of medically and socially complex patients. ....                      | 3 | 2 | 1 |
| • Apply best practice strategies to overcome co-morbidities in medically and socially complex patients. ....                         | 3 | 2 | 1 |
| • Utilize EBM Guidelines for a multitude of conditions that are encountered in primary care ....                                     | 3 | 2 | 1 |
| • Utilize Patient Centered Care skill to help patients become better informed and more involved in their health care decisions. .... | 3 | 2 | 1 |

**POST TEST: (CIRCLE ONE ANSWER)** - To receive CME credit, you must score 100%.

1. Obesity is defined as a Body Mass Index (BMI) of:
  - a. 25-30
  - b. 30-40
  - c. 17.5-18.5
  - d. 18.5-25
2. Negative effects of obesity may include all of the following, except:
  - a. Type 2 Diabetics
  - b. Lower life expectancy
  - c. Increased bone density
  - d. Limited mobility
3. An increase of BMI is associated with an increase in:
  - a. Osteonecrosis
  - b. Postoperative mobility
  - c. Abdominal injuries associated with motor vehicle accidents
  - d. Osteoarthritis

3. Please describe what you will do differently in your practice because you participated today? \_\_\_\_\_

**Physician Name (please print):** \_\_\_\_\_

**Dictation #** \_\_\_\_\_

**\*\*\*IMPORTANT: Date:** \_\_\_\_\_

**Please complete and return this evaluation form in order to receive .75 AMA PRA Category 1 Credit™ for this course**  
**Fax : 925-674-2357**