

OUTPATIENT GRAND ROUNDS EVALUATION
ENDURING MATERIALS

Original presentation date: March 1, 2016 OP GR EM Evaluation, Obesity Challenges in Orthopedics, L. Calafi, MD Orthopedic Surgeon

Estimated Time to complete the activity is 45 minutes. Activity and content expires: March 1, 2018

Statement of disclosure: John Muir Health has determined that the planning committee members for this activity do not have any affiliations with any corporate organizations that may constitute a conflict of interest. The speaker's disclosures of financial relationships with commercial interests have been identified and resolved.

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POST-COURSE:
Level of confidence in my skill or ability to:
3=high level, 2= moderate level, 1=low level (circle one)

- | | | | |
|--|---|---|---|
| • Differentiate between older and newer options for the management of Obesity Challenges in Orthopaedics. | 3 | 2 | 1 |
| • Formulate and communicate treatment plans for the management of medically and socially complex patients. | 3 | 2 | 1 |
| • Apply best practice strategies to overcome co-morbidities in medically and socially complex patients. | 3 | 2 | 1 |
| • Utilize EBM Guidelines for a multitude of conditions that are encountered in primary care. | 3 | 2 | 1 |
| • Utilize Patient Centered Care skill to help patients become better informed and more involved in their health care decisions. | 3 | 2 | 1 |

POST TEST: (CIRCLE ONE ANSWER) - To receive CME credit, you must score 100%.

1. Obesity is defined as a Body Mass Index (BMI) of:
 - a. 25-30
 - b. 30-40
 - c. 17.5-18.5
 - d. 18.5-25
2. Negative effects of obesity may include all of the following, except:
 - a. Type 2 Diabetics
 - b. Lower life expectancy
 - c. Increased bone density
 - d. Limited mobility
3. An increase of BMI is associated with an increase in:
 - a. Osteonecrosis
 - b. Postoperative mobility
 - c. Abdominal injuries associated with motor vehicle accidents
 - d. Osteoarthritis

3. Please describe what you will do differently in your practice because you participated today? _____

Physician Name (please print): _____

Dictation # _____

*****IMPORTANT: Date:** _____

Please complete and return this evaluation form in order to receive .75 AMA PRA Category 1 Credit™ for this course
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